

# The IHA Insider

Ithaca Housing Authority

798-800 S. Plain Street, Ithaca NY 14850

PH: 607-273-8629 Sec. 8: 607-273-1244

After Hour Emergencies: 607-882-7656



## August 2018

### Quote of the Month

“One person's craziness  
is another person's  
reality.”

~ Tim Burton, Director  
Born August 25, 1958

### Employee Birthdays

*Tasia Dudek, Laborer, 8/11*

*Samantha Spence, Tenant Relations  
Coordinator, 8/24*

*Tim Marion,*

*Maintenance*

*Worker, 8/28*



Can you spot this logo  
somewhere in this  
newsletter?

Prepared By: Kimberly Burke, Receptionist  
Edited by: Doreen Osterman, Executive Secretary

August

2018

**August 3rd**

International Beer Day

**August 5th**

Friendship Day

National Sister Day

**August 6th**

Bolivian Independence Day

Jamaica Independence Day

**August 9th**

World Indigenous Peoples Day

**August 10th**

Ecuador Independence Day

**August 12th**

International Youth Day

International Left-Handers Day

Pakistan Independence Day

**August 15th**

India Independence Day

Korea Independence Day

**August 19th**

Afghanistan Independence Day

National Aviation Day

World Humanitarian Day

**August 20th**

MTV Video Music Awards

**August 24th**

Ukrainian Independence Day

**August 26th**

National Dog Day

**August 29th**

Day Against Nuclear Tests

**August is observed as:**

National Immunization Awareness Month

**What's Happening in Ithaca??**

**Weeding Wednesdays**

Cornell Botanic Gardens

Wednesdays

<http://www.cornellbotanicgardens.org/>

124 Comstock Knoll Dr.

4:00 pm – 6:00 pm

Free

Wednesdays are drop-in volunteer nights this summer at Cornell Botanic Gardens! Stop by and unwind from your day with some evening weeding therapy. Meet new people, learn about plants and gardening from a knowledgeable staff horticulturist, and help keep our gardens looking beautiful. Wear comfortable clothes and bring your own garden gloves, if you have them. Open to ages 15 and older. Cancelled in the event of rain.



CORNELL  
BOTANIC  
GARDENS

**Creative Dance Class**

Tompkins County Public Library

Thursday August 2nd & 9th

607-272-4555

101 E. Green St.

10:30 am – 11:59 pm

Amanda Moretti will lead this creative dance program, intended for all families with children ages 3 to 10. This weekly program is suitable for all experience levels and abilities. This is a drop-in class, but space is limited, and online registration is requested.

**Family Storytime**

Tompkins County Public Library

Saturdays

607-272-4555

101 E. Green St.

11:00 am – 11:59 pm

Children of all ages and their caregivers are invited to celebrate reading and build their early-literacy skills



**The Great New York State Fair**

New York State Fairgrounds

581 State Fair Blvd. Syracuse, NY 13209

Wednesday August 22nd Through Monday September 3rd

Children 12 and under are admitted free every day of the 2018 State Fair.

Seniors 60 and over are admitted free on

Monday August 27th and Tuesday August 28th.

Students 18 and under are admitted free on

Friday August 31st.

See <https://nysfair.ny.gov/> for Special Days and other information.



## **TITUS TOWERS REMINDERS**

### **Slamming of Doors**

Now that it is summertime and your apartment windows are open, it causes the pressure in your apartment to change, which will result in the door shutting harder than they normally would when all of the windows are closed. Please keep this in mind when opening your apartment door because we are receiving complaints about doors slamming loudly. Be considerate of your neighbors and make sure your door is closing quietly. Thank you for your support.



### **Maintenance Requests**

For general requests please call 273-8629 (during normal working hours) and let the Receptionist know your request and she will contact maintenance.



**REMINDER: The IHA emergency maintenance phone service (607-882-7656) is only for emergency maintenance work on the weekends or after hours (which is after 3:30 pm).**

### **Titus Towers Unauthorized Entry**

Staff has noticed lately that visitors have been getting into the building without being buzzed in by a tenant. That leads staff to believe that strangers are "hitchhiking" into the building when a resident enters or exits the building. If you are entering or exiting the building and you see someone you do not know trying to enter, please wait a moment to see if they will be buzzed in by a resident before you enter or exit.

If you cannot avoid them trying to get in, please do not confront them unless you feel comfortable doing so. We do not want you to jeopardize your

own safety. Just write down the time, location, and date and report it to the office. The IHA will view the incident on the cameras.

**REMINDER TO ALL RESIDENTS: DO NOT buzz anyone you don't know into the building. Criminals have been known to randomly buzz tenant's apartments saying they are a delivery person or relative of another tenant. Don't be tricked by them. If they are not your guest, do not let them in. IHA has installed a sophisticated security system, but we need your help to keep our buildings safe as well.**



**Also remember that your guests must be buzzed in by YOU.**

### **Vending Machines—Lost Money**

If you lose money in the vending machines in Titus 1, please call Robbins Vending at 607-756-5841 for your refund. Please arrange a time to pick up your refund from the driver.

**Please remember ...  
BE COURTEOUS**

Please patiently wait your turn if there is someone already at the reception window. Confidential matters are usually being discussed and it is not polite to invade someone else's privacy.

If you're dropping off your rent check and don't want a receipt, please either wait until the person at the window is done or place your payment in the drop box located at the vestibule by my office. I check the drop box next to my window in the vestibule twice per day.

Thank you. — Kimberly (Receptionist)

## Titus Towers #1 and Family Site Residents:

### Window-Installed Air Conditioners in Your Apartments:

All residents who install air conditioners in the windows of their apartments **must install a safety chain** from the back of the air conditioner up to the top of the metal frame of the window. This is a requirement from our insurance company, this chain will help support the part of the air conditioner that hangs out of your window. The Maintenance Department staff will be checking this on a weekly basis to make sure that all residents with air conditioners have this safety chain on them. **If you do not comply with this requirement, you will be asked to remove the air conditioner from your window.**

*\*This does not apply to Titus Towers #2 residents because their AC units are installed differently.*

## Cutting Connections

*Beauty Shop at Titus Towers  
Hours: Monday-Thursday, 9am-2pm*

*Welcome new tenants! Stop in or call  
607-339-7290*

*Serving men, women, and children.  
For evening appointments please call  
to schedule.*

## Tick-Borne Infection Prevention Program at TCPL

ITHACA— Tompkins County Public Library invites children and their families to this program on Tick-Borne Infection Prevention, led by Tompkins County Health Department staff. This program will take place Friday, August 10, 2018, from 2:00 to 3:30 PM, in the Library's BorgWarner Community Room.

Celeste Rakovich of the Tompkins County Health Department will provide information on tick identification and habitat, safety measures to take for prevention against infection, proper removal of ticks from the body, and guidelines for when to call a medical professional. This program, geared towards families with children, includes information as well as interactive, hands-on activities. Participants will learn how to stay safe while enjoying the outdoors this summer.

Contact Susanna Drbal at Youth Services with questions at [soshea@tcpl.org](mailto:soshea@tcpl.org) or 272-4557 ext. 261.



Happy Birthday  
wishes to our  
residents who  
celebrate their  
birthdays in August!

## BACK PACK GIVEAWAY

**Southside Community Center**

Saturday August 25th 12:00-7:00

305 South Plain St.

607-273-4190



## Loaded Caprese Grilled Cheese

### Ingredients:

For the Caprese grilled cheese:

- 4 large slices of thick sourdough bread
- 4 thick slices of mozzarella cheese
- 1/4 cup of pesto
- 2 tablespoons of butter
- Garlic butter
- tomato sauce



For the Garlic Butter Tomato Sauce:

- 10 ounces of cherry tomatoes
- 1 clove of garlic, minced
- 2 tablespoons of butter
- 1 tablespoon of balsamic vinegar
- Salt and pepper

### Directions:

1. Make the Garlic Butter Tomato Sauce: Pour the tomatoes into a dry nonstick skillet. Heat until they start to get just slightly charred on the outside. Reduce heat and add one tablespoon of butter and give it a stir (it will probably splatter). Press the tomatoes gently with the back of a wooden spoon to release their juices. Add balsamic, garlic, and one more tablespoon of butter. Simmer together until thick, then season with salt and pepper.
2. Assemble: Layer the pesto, cheese, and tomato sauce onto a slice of bread. Top with a slice of bread, and spread with butter on the outside of bread.
3. Pan-fry: transfer your sandwich to a skillet over medium high heat. Cook until the cheese is melted, flipping once or twice to get both sides browned.

**NO BOARD MEETING FOR THE  
MONTH OF AUGUST**

## HANCOCK STREET IMPROVEMENTS

As you may have noticed, Hancock Street has been repaved by the City and it is pleasant to drive on now.

The City Traffic Engineer met with some Northside residents on July 25<sup>th</sup> about ways to slow traffic down on Hancock St. and to make pedestrians and children more visible when crossing the street. Although we expected a better turn out by residents so we could gain your input, some good ideas were shared by the residents who did attend the meeting. As a result of that meeting, the City is going to:

- Install a 30 MPH sign on Hancock as you turn off of Route 13
- Ask Ithaca Police Department to install a SHOW YOUR SPEED sign in the same location
- Place NO PARKING signs in front of the swing set; children tend to cross the street there and they will be more visible.
- Remove 1-2 parking spaces at intersections so that pedestrian signs are more visible
- Redo crosswalks
- "Stagger" the parking on the street, meaning there will be parking on the north side of the street across from the swing set. The blocks on either side will have parking on the south side of the street; this breaks up the road so it is not a straightaway.



# It's Hot Out.

## Here Are Some Tips to Stay Cool.

*Stay Hydrated  
Stay Healthy*

### Stay hydrated.

Sweating is the body's mechanism for self-cooling, but you need to drink plenty of water to give it something to work with. Recommendations vary between two to four glasses of water every hour in excessive heat. Do not wait until you are thirsty to drink.



### Pay attention to what you eat and drink.

Diet affects how you can manage your body's response to high temperatures, a point that Gov. Andrew M. Cuomo emphasized in a recent memo to New Yorkers for the heat wave.

Eat less salty food and protein, which produce metabolic heat that causes water loss. Eat more fruits and vegetables and smaller, frequent meals. Alcohol consumption can also increase the effect of heat.

Do indoor activities, particularly during the hottest part of the day.

The sun's peak hours are generally 11 a.m. to 4 p.m. (The Times this week compiled a list of exhibitions at museums in New York to visit when summer weather turns sultry. The article's headline begins "The Art of Staying Cool.")

"There are times you are going to be in the sun, but if you can avoid as much direct sunlight as possible, it is better."

### Wear loose, lightweight, light-colored clothing, and take cool showers or baths.

"If you can pour cold water on exposed skin, that is going to allow your body to cool down."

Applying cold, wet towels on the neck, wrist, groin and armpit areas can help bring down the core body temperature.

"When these parts of the body with high concentration of blood vessels near the skin come in contact with the cold, it helps transferring heat out of the body to cool down faster."

Wearing a hat protects you from direct sun; sunburns affect your body's ability to cool down and can make you dehydrated, according to the C.D.C. And fans will go only so far; air coolers are better.

### Don't leave children or pets in a car, which can swelter in the sun.

The sun's radiation heats objects that it strikes, such as a dark dashboard or seat, warming the air trapped inside a vehicle. In about



## Hydrating Foods

Hydrating foods are those that contain a lot of water. They are also high in water content, which helps you stay hydrated all day long.



two minutes a car can go from a safe temperature to an unsafe 94.3 degrees, according to General Motors and San Francisco State University, and even reach temperatures of 180 degrees to over 200 degrees.

**Learn the signs of heat stroke and heat exhaustion.**

The C.D.C. lists some of them as dizziness, a rapid pulse, nausea, headache and fainting. But symptoms can vary. Those suffering from heat stroke, which is potentially fatal, might have a rapid but strong pulse, while those with heat exhaustion might have a rapid but weak one.

Immediate remedies include moving the person to a cooler place and applying wet, cool cloths. Call 911 if there is heat stroke, vomiting or if the symptoms get worse, the C.D.C. says.

Mortality increases as the heat index — a combination of the air temperature and humidity that expresses how hot it feels — rises and stays above 104 degrees for two hours or more, according to the National Weather Service. So people need to adapt their behavior and take the heat seriously, the way they do in Carefree, Ariz., a town with a population of about 3,300 people north of Phoenix where temperatures can rise to 112 degrees and above.

As the community braces for the coming heat wave, most people already know that they need to consistently hydrate and to schedule outdoor activities, from yard work to golf, in the early morning and late afternoon, Mayor Les Peterson said on Thursday.

“It’s not unusual,” he said in an interview. “People become accustomed to it.”

**HEAT EXHAUSTION OR HEAT STROKE**

Faint or dizzy	OR	Throbbing headache
Excessive Sweating		No Sweating
Cool, pale, clammy skin		Body temperature above 103° Red, hot, dry skin
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness

**CALL 9-1-1**

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses
- Take immediate action to cool the person until help arrives

lvalert.com



**Hot in Ithaca?**

The Health Department suggests local libraries and the mall to keep out of the heat.

We are happy to welcome our new residents and hope they enjoy their tenancy with IHA.



## Tips for Getting Kids Ready For Going Back to School

The walk to the bus stop every morning is near (I hear your applauds!) and it's time to start getting the kids ready for going back to school. Here are a few tips to help get you and your family started....and more importantly to avoid those morning arguments!

- **Introduce a Bedtime Routine** – Two to three weeks before the return of school start getting your kiddos back into an earlier bedtime routine. You may consider setting alarms to remind yourself. This means earlier dinners, bath times and sending the kids to bed EARLIER!
- **Waking Earlier** – It's time to rise and shine! When you start the new bedtime routine, wait a few days for the adjustment period and start waking your child(ren) at the time they will need to get up for school.
- **Adjust lunch time** – Again, two to three weeks before the start of school begin to adjust the time for lunch. While some kids eat earlier, they may have to wait until later.
- **Create a Command Center** – The paperwork is about to roll in! Be prepared with all the forms you are about to fill out by creating a Command Center. Make sure children know where paperwork from the book bags go so that you can fill out and return in a timely manner. The Command Center is also where important telephone numbers and the family calendar can be. In addition, it's time to create a Homework Command Center. Whether it's at the dining room table or a specific desk, let your child know where they will be expected to do their homework.



- **Prepare for School Supplies** – Now is the time to begin searching for the best Back to School deals. If you have no idea what's on the list, begin with purchasing typical items. Call the school or search on the school website for a school supply list.
- **Back to School Clothing** – Go over your children's clothing now. Look for pieces that will take them into the fall and winter months. If there's not a lot to choose from, head to your local garage sale on the weekends to save yourself some money.
- **Complete Forms** – at the beginning of every school year we are asked for an updated form from the doctor's office. Get this form to your pediatrician now so they aren't flooded with hundreds of other students forms. This will save a little of your sanity!
- **Menu Plan** – Once the kids are back to school things tend to get a little crazy. Consider Freezer Cooking and most definitely do some Menu Planning. Head to the Command Center and check the family calendar and plan your meals according to nights you are home or nights the family will need to eat at different times throughout the evening.
- **Morning Routines** – a week before school starts plan out your morning routines. This should be on a piece of paper for those first few weeks. Jot down what time each family member needs to wake, eat, shower and head out the door. If you have multiple kids heading out the door at the same time, make note what time who should be in the bathroom at what time. This way everyone knows when it's their time to be in the bathroom!



If you have little kids who may be a little skeptical about heading back to school consider making a countdown sheet with them, reading books about school and even playing school!



# Ithaca City School District Academic Calendar 2018-2019

9/3 Labor Day  
9/4 First Day for Staff/  
District Conference Day  
9/5 K - 6 & 9th gr. & All New Entrants  
9/6 Full Day K - 12

September				
M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

February				
M	T	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	

2/18 - 2/22 President's Day/Winter Recess

10/2 Early Release  
*(15 Minute Early Release - Mandatory Emergency Drill)*  
10/8 Indigenous Peoples Day Recess  
10/19 District Conference Day

October				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

March				
M	T	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

3/14 Elem. Parent/Teacher Conf. Day  
3/15 Vacation Day  
3/18 District Conference Day

11/9 Elem. Parent/Teacher Conf. Day  
11/12 Veterans Day Recess

November				
M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

April				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

4/15 - 4/19 Spring Recess

11/21 - 11/23 Thanksgiving Recess

12/24 - 1/1 Winter Recess

December				
M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

May				
M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

5/24 \*\*School Recess\*\*  
5/27 Memorial Day Recess

1/1 Winter Recess  
1/21 Martin Luther King, Jr Day Recess  
1/22 - 1/25 Regents Exams

January				
M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

June				
M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28



6/3 Global Hist. & Geo. II Regents Exam  
6/18- 6/25 Regents Exams  
6/25 Last Day for Students  
6/26 Last Day for Staff

- = Vacation Days
- = Regents Exams  
(No school for IHS except for students taking exams)
- = District Conference Day  
(No school for students)
- = Parent/Teacher Conference Days for Eleme
- = Staff Work Day
- = Early Release - Mandatory Emergency Drill

**\*\*Emergency Closing Days\*\***

Due to emergency closing days, school may be held on May 24th, 2019.

# August 2018 Tompkins County WIC Appointment Hours

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Salvation Army Downtown Ithaca 10:00 - 4:45	<b>2</b> Newfield United Methodist Church 10:00 - 2:30	<b>3</b> Tompkins County Health Department 8:45 - 4:00
<b>6</b> Tompkins County Health Department 8:45 - 6:00	<b>7</b> Tompkins County Health Department 8:45 - 4:00	<b>8</b> Salvation Army Downtown Ithaca 10:00 - 4:45	<b>9</b> Tompkins County Health Department 8:45 - 12:00	<b>10</b> Tompkins County Health Department 8:45 - 4:00
<b>13</b> Tompkins County Health Department 8:45 - 6:00	<b>14</b> Tompkins County Health Department 8:45 - 6:00	<b>15</b> Salvation Army Downtown Ithaca 10:00 - 4:45	<b>16</b> Tompkins County Health Department 1:30 - 4:00	<b>17</b> Tompkins County Health Department 8:45 - 4:00
<b>20</b> Tompkins County Health Department 8:45 - 6:00	<b>21</b> Tompkins County Health Department 10:45 - 6:00	<b>22</b> Salvation Army Downtown Ithaca 10:00 - 4:45	<b>23</b> Tompkins County Health Department 8:45 - 4:00	<b>24</b> Tompkins County Health Department 8:45 - 4:00
<b>27</b> Tompkins County Health Department 8:45 - 6:00	<b>28</b> Jacksonville United Methodist Church 10:00 - 2:30	<b>29</b> Tompkins County Health Department 8:45 - 12:00	<b>30</b> Tompkins County Health Department 1:00 - 4:00	<b>31</b> Tompkins County Health Department 8:45 - 4:00



Check Us Out at [WICSTRONG.COM](http://WICSTRONG.COM) \* 55 Brown Road Ithaca (607) 274-6630

Office Hours Mon 8:30 - 6:30 \* Tue - Fri 8:30 - 4:30

# SUMMER MEALS FOR KIDS!



**FREE TO ALL STUDENTS AGE 18 & YOUNGER**

## **NORTHSIDE COMMUNITY CENTER JUNE 25-AUGUST 31**

BREAKFAST	8:00-10:30	625 HANCOCK STREET
LUNCH	11:00-1:30	ITHACA, NY 14850

## **SOUTHSIDE COMMUNITY CENTER JULY 9-AUGUST 24**

BREAKFAST	8:30-10:30	305 S PLAIN STREET
LUNCH	11:00-1:30	ITHACA, NY 14850

## **REMINDER TO PARENTS**

**From: Ithaca Housing Authority Management**

Please do not send children age 5 and under to the feeding program alone. Children age 5 and under must be accompanied by an adult or an older child who is at least 12 years of age. If an older child (age 12+) accompanies a child under age 5, they must supervise that child the entire time they are at the Center. We are seeing young children being accompanied by older children, but the older children do not supervise the younger child throughout their duration of their stay at the Center.



**This is for the safety of your child; our onsite staff person cannot supervise your child. Your child is YOUR responsibility. The feeding program purpose is to provide a meal to your child; it is NOT a babysitting service.**

YOU ARE INVITED TO  
**IHA'S 35<sup>TH</sup> NATIONAL NIGHT OUT  
 BLOCK PARTY**

**WHEN:** TUES., AUGUST 7<sup>TH</sup>, 2018  
**WHERE:** TITUS 1 PAVILION (800 S. PLAIN ST)  
 4:30 PM – 7:30 PM  
 AND  
 CONWAY PARK (500 CASCADILLA ST)  
 5:00 PM – 9:00 PM

This is an opportunity for the community to meet and embrace each other and generate support for anti-crime programs, strengthen neighborhood spirit and police-community partnerships. And to send a message to criminals letting them know that neighborhoods are organized and fighting back.

**FREE FOOD**



**FACE  
 PAINTING**



**MUSIC**



**THANK YOU TO OUR COMMUNITY SPONSORS AND DONORS:**

Sal's Pizzeria  
 Rogan's Corner  
 Five Guys  
 Lowe's  
 Ithaca Bakery  
 YMCA  
 Greenstar  
 Pat's Pizzeria  
 Texas Roadhouse  
 Walmart

Chili's Restaurant  
 Ithaca Ice Company  
 Short Stop Deli  
 Boatyard Grill  
 Papa John's Pizzeria  
 The Home Depot  
 Wegmans  
 Joe's Restaurant  
 Target  
 Tops Supermarket

Purity Ice Cream  
 Ithaca Police Dept.  
 Ithaca Fire Dept.  
 T.C. Government  
 T.C. Solid Waste  
 T.C. Workers' Center  
 FLIC  
 Cornell Cooperative  
 Extension  
 Big Brothers Big Sisters

Challenge  
 OAR of Tompkins Co.  
 Coalition of Healthy  
 School Fund  
 Natural Leaders  
 Initiative  
 Finger Lakes  
 Residential Center

*PHOTO RELEASE: this is a public event where pictures will be taken by IHA staff for use on its website or printed material. By attending this event, you grant the IHA permission to use your photograph or your minor children's photograph on its website or printed material without payment or other consideration.*

Conway Park, Cascadilla Street

August 25th

Noon to 3:00 pm

# \*\*Community IPD Barbecue\*\*



On August 25th please come to Conway Park on Cascadilla Street for the Community IPD Barbecue! Food, Drinks, Door Prizes and all kinds of activities will be free and door prizes will be given away. This is a great opportunity to spend quality time with community leaders and IPD Police officers!

## August 25th Noon to 3pm



Donations from local businesses so far include:

Walmart Wegmans Maxie's Supper Club Collegetown Bagels Joe's Restaurant Rogan's Corner  
Buffalo Wild Wings John Thomas Steakhouse Lowes Home Depot Dunkin Donuts Texas Roadhouse  
Purity Ice Cream Shortstop Deli Ithaca Bakery Mahogany Grill Viva Taqueria Dominoes Pizza Uncle Joes

### Live Radio Broadcast 93.5 WVBR



Conway Park, Cascadilla Street

August 25th

Noon to 3:00 pm

Dear Ithaca Housing Authority Residents:

You are encouraged and invited to be members of a Focus Group to gather your thoughts and opinions on **THE BENEFITS AND CHALLENGES TO PAYING A LIVING WAGE IN TOMPKINS COUNTY**. The Tompkins County Workers Center is leading these efforts to gather information from people who know, and have opinions about, the difference it would make if the **MINIMUM WAGE WAS A LIVING WAGE**. Your input is essential when it comes to approaching Legislators with reasons and justification for making the minimum wage a living wage. I hope you can be a part of this force for change. Please attend this Focus Group on Thursday, August 16<sup>th</sup>, 6:30 pm at Titus Towers, and you will be part of that change. Please let Marion Deats or Cynthia Kloppel know if you plan to attend.

*Marion Deats, IHA FSS Case Manager*  
Ph: 607-273-8629 x247

*Cynthia Kloppel, IHA FSS Case Manager*  
Ph: 607-273-8629 x242



# Calling All Workers! Make Your Voices Heard!

We are asking workers throughout Tompkins County, to join us for an Information Gathering Session to share your opinion on the benefits and challenges to paying a Living Wage in Tompkins County.

**Refreshments will be available.**

## Living Wage Information Gathering Session

**August 16<sup>th</sup> - 6:30 to 8:30 pm**

**Titus Towers - 800 S Plain St., Ithaca, New York**

Please RSVP by August 3 by contacting Marion Deats (273-8629 x. 247) or Cynthia Kloppel (273-8629 x. 242) to let us know if you can join us and whether you need child care.